

Park View School Lunch Menu March 2010

A

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs & Spaghetti Sauce on French Roll Bean Salad Mandarin Oranges	Chicken Nuggets Whole Wheat Kaiser Roll & Butter Peas & Carrots Peaches	Grilled Cheese Sandwich Baked Vegetarian Beans Cucumber Salad Pears	Turkey & Cheese Sub Sandwich on French Roll with Lettuce & Tomato Savory Potato Wedges	Tony's Cheese Pizza Baby Carrots and Fat Free Ranch Dipping Sauce Pineapple
No Meat Sub Entrée- Mozzarella Cheese Stick & Trix Yogurt	No Meat Sub Entrée- Spinach Soufflé	Lucky Tray Day!	No Meat Sub Entrée-Extra Cheese Slice and ½ Hard Boiled Egg	Gr. 6-8: Wheat Dinner Roll Gr. 1-5: Hot dog Entrée- Wheat Dinner Roll
Gr. 6-8: Hot Dog Entrée- French Roll	Gr. 6-8: Hot Dog & P & J Entrees-Kaiser Roll and Butter Gr. 1-5: Hot Dog and P & J Entrees - 100 Cal. Pack Chips Ahoy	<i>Students have choice of 3 or 4 lunches daily:</i> Meal of the Day • Meal with Turkey Hot Dog Entrée • Meal with Peanut Butter & Jelly Sandwich & Mozzarella Cheese Stick Entrée • Meal with No Meat Substitute Entree		

B

Turkey Hot Dog on a Wheat Bun Kernel Corn Fruit Cocktail Sun Chips	Bosco Sticks with Spaghetti Sauce Romaine Lettuce Blend & Cherry Tomatoes with Fat Free Italian Dressing Apricots	Totally Taco Maxsnax with Salsa Corn Slice of Rye Bread & Butter Lunch Bunch Grapes	Flamebroiled Burger on Sesame Seed Bun California Blend Veggies Applesauce	Choice of Plain or Cinnamon Bagel-fuls Tiny Potato Triangles Mozzarella Cheese Stick Orange Slices Trix Yogurt
No Meat Sub Entrée- Coyote Grill Cheese Quesadillas	Gr. 1-8: Hot Dog Entrée- Cheerios Cereal Bowl & Pack of Crackers	No Meat Sub Entrée- Veggie Chili & Shredded Cheddar & Tortilla Chips (Oreo Thin Crisps)	No Meat Sub Entrée-Boca Burger	Gr. 6-8: Pepperidge Farm Goldfish
		Gr. 6-8: Hot Dog Entrée- Tortilla Chips Gr. 6-8: P & J Entrée-100 Cal. Pack Oreos	Gr. 6-8 Hot Dog Entrée- Cinnamon Toast Crunch Crisps	

C

Reduced Fat Turkey Corn Dog Mixed Vegetables Fruit Cocktail	Chicken Nuggets Whole Wheat Kaiser Roll & Butter Green Beans Apple Slices with Cinnamon Chocolate Chip Granola Bar	French Toast & Syrup Mozzarella Cheese Stick Baby Carrots and Fat Free Ranch Dipping Sauce Apricots	Soft Shell Beef Taco with Salsa, Cheddar Cheese & Lettuce Uncle Ben's Infused Cheese Rice Peaches	Fish & Stars Whipped Potatoes Wheat/Oatbran Bun & Butter Golden Delicious Apple																																				
Gr. 6-8: Cheerios Cereal Bowl	No Meat Sub Entrée- Colby Cheese Omelet	Gr. 6-8: Sun Chips	No Meat Sub Entrée- Extra Cheese & Extra Salsa	No Meat Sub Entrée- Hardboiled Egg Cinnamon Toast Crunch Crisps																																				
No Meat Sub Entrée- Coyote Grill Cheese Quesadillas	Gr. 6-8 Hot Dog Entrée- Tortilla Chips	March <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th></th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> </tr> </thead> <tbody> <tr> <td>B</td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>C</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>A</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>B</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td></td> <td>XXX</td> <td>XXX</td> <td>XXX</td> <td></td> <td></td> </tr> </tbody> </table>				M	T	W	Th	F	B	1	2	3	4	5	C	8	9	10	11	12	A	15	16	17	18	19	B	22	23	24	25	26		XXX	XXX	XXX		
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				Gr. 1-8: Hot Dog Entrée- Wheat/Oatbran Bun & Butter Gr 6-8: P & J Entrée- 100 Cal. Pack Chips Ahoy																																				

LUNCH PRICE
 \$2.35 including milk
 Milk choices: skim, 1% chocolate