



Junior Wolves Football: Off-Season Conditioning Program

This **FREE** football conditioning program is open to anyone in grades 3-8. It is run by Niles West Head Varsity Football Coach Scott Baum, Niles West Junior Wolves Football Program Director D.J. Kosiba and other high school/feeder football coaches. All who attend will participate in speed and agility drills, learn fundamental football skills, and have some fun while exercising.

Quick Facts

- **When:** Every Wednesday from 7:00PM-8:30PM
- **Where:** Niles West High School in the Field House
- **Who can attend:** Anyone in grades 3-8
- **Cost:** FREE!



If you have any questions about this off-season conditioning program or about Niles West Junior Wolves Football, please contact Program Director D.J. Kosiba at djkosiba@yahoo.com or visit us online at www.juniorwolvesfootball.com

